

Inside this issue:

Turning a Blind Eye	1
Announcements, Thank Yous & Prayer Requests	2-3
Men of Faith Meeting Minutes	3
UMW Update	4
Nurse's Notes	5

Special Points of Interest:

- Word Scramble, Word Search, and Inspiring Bible Quotes, Pgs. 6-7
- Monthly Meet-Ups, Back Page
- May Birthdays and Anniversaries included with Calendar



**MAY
2015**

*Faith United Methodist Church
"Engage, Equip, and Empower!"*

**Volume 2015,
Issue 5**

Turning a Blind Eye

Perhaps you've heard the phrase "turn a blind eye," which means to ignore undesirable information. The saying comes from a 19th century British naval battle. On April 2, 1801, during the Battle of Copenhagen, the British fleet was attacking the combined navies of Denmark and Norway. Three British ships ran aground, so the admiral, Hyde Parker, decided that the fire of battle was "too hot for Nelson to oppose." So Parker sent an order, through signal flags, that the younger admiral, Horatio Nelson, should "discontinue action" and withdraw.

When Nelson heard his own signalman relay the order, he pretended not to hear him. Mesmerized by the thrill of battle, Nelson had no intention of obeying the order. He turned to his captain and said, "This day may be the last for us at any moment," even as a Danish cannonball struck his ship's mainmast, scattering splinters all around him. This was typical of Nelson's stubborn and aggressive approach to war. In fact, he'd already lost sight in his right eye in a previous battle. So when he pressed again to respond to Parker's order, Nelson told his flag captain, Thomas Foley, "You know, Foley, I only have one eye—I have the right to be blind sometimes," and then Nelson held up his telescope to his right eye and said, "I really do not see the signal!"

Jesus has given us commands that He expects us to obey and not turn a "blind eye" when we hear them or see them in scripture. One is found in 1 John 3:23-24

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

It is not an easy command to follow because people aren't always easy to love. It is not always easy to love others because they are stubborn, demanding, and self-centered just like us.

We see the signal from: God His command, "love one another," and we make excuses. I don't have the time, they will be all right, I tried to help them and they didn't want my help. But God tells us to keep loving them and we, like Nelson, with one good eye and one blind eye, hold up the telescope to the blind eye. As a result, we willfully ignore the leading of the Holy Spirit. Let us serve God with both eyes wide open, depending on the Holy Spirit for the ability to do the hard things and love the people who are tough to love.

Pastor Victor

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Colony Court Memory & Care Suites: Ann Swenson, Rosalind Peterson, Gerri Peterson

Colony Court: Millie Groh , Ardella Draheim, Nina Youngberg, Leona Quast, Muriel Jenkins, Paul Krause

Lakeshore Inn: Florence Gutknecht, Hazel Henkensiefken, Don Lohse

Latham Place: Liz Corchran

Morrow Home, Sparta, WI: Marlene Rietfort

Oaklawn Health Care Center: Jim Keller, Bill Brooks

Tower Light, St. Louis Park: Darlene Lynch

Those who also need our prayers: Willie Mahler[Home Hospice]

Prayer Requests from Sunday Worship: Bruce and Deb Hering, Leona Quast, Dave and Joann Egeness, Kookie Kukacka, Deloris Asmus, Peter Fog, Jim Keller, Floyd Lamont, Marilyn, Marlin Olson (Patrice’s Dad), Paul Krause.



Special Prayer Request

During the month of May, let's pray especially for mothers and graduates. These Scriptures may help you:

Ephesians 6:1 "Children, obey your parents in the Lord. for this is right."

2 Timothy 3:16-17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

Proverbs 31:28 "Her children arise and call her blessed; her husband also and he praises her."

Jeremiah 29:11-13 "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Church Gardens

Spring is here and it is time to begin making plans for planting the church gardens. If you would like to contribute to the purchase of the bedding plants; your donation is appreciated. You may put your donation in an envelope marked "church garden bedding plants" and put it in the offering plate. Thank you for your support! *Clair Voshell*

Missing in Action!

First-Aid Kit that was made up by Parish Nurse. It has over the counter medication in it. Please let the office know where it is. Thanks, Sherry, RN

Faith Crafters and Stitchers

Faith Crafters and Stitchers will meet **Thursday, May 14**, from **1:00-3:00 p.m.** in the **Fellowship Hall**. Pack up any project you wish to work on and join us for an afternoon of work, conversation, coffee and treats. Call Sandy Voshell at 835-4122 if you have questions.

May 7th-Sewing for Haitian School Girls

Hooray! We have enough participants. We do need new fabric, 1 yard of flannel with 2/3 yard of coordinating flannel for each kit, 1 yard of 100% cotton (quilters grade). Fabrics should be appealing to teenage girls. No camouflage, animals, bugs; medium to dark colors. You may bring fabric to the church office or give it to Sherry. Call her at 835-4304. Thanks for your help.

Men of Faith Meeting Minutes

At 6:30p.m., Les opened with prayer. Roger Walker gave the devotion on Easter. He said from Palm Sunday to Easter was a holy week. He mentioned that after Jesus was crucified they locked themselves in as they were scared. His challenge to us was what happened to the disciples is the same for us, in that we have a Friday and then a Saturday comes and we wonder what is next. We discussed this for awhile. We asked if Jesus came in what He would say, and would we listen. Roger mentioned that he had several of the confirmands as ushers which is great.

We welcomed Wally back. We again discussed what we could do to increase our attendance. Roger mentioned that he adjusted the position of the lights on the cross. We discussed that when it gets warmer we could some Sunday during fellowship we fire up the grill and barbecue some hot dogs.

Wally will bring treats for next meeting and Roger will give devotions. Those in attendance were Leslie W. Wells, Ronald D. Terrell, Peter Fog, Roger Walker, and Wally Ruedy.

The meeting was closed at 7:30 p.m.

UMW Update

First let me say, there is a change in your 2015 directory. If you are looking at the calendar it says there will a Pie Auction in May. It has been moved to June 21, Father's Day.

The women of Faith United Methodist Church had a very successful Springtime Luncheon. The fellowship was great. The food was delicious. And we broke records... we served over 170 lunches. Yeah. Thank you very much for all the help, donations, cakes, your time and your prayers. The weather wasn't the best, but it wasn't bad, maybe a little windy. What's next ladies? I'm ready.

On Saturday, April 25, six of Faith United Methodist Women will journey to LeSueur Methodist Church to attend Southern Prairie District UMW Spring Gathering. We are looking forward to learning more about mission work, where it is happening and what we can do.

May 7 is a Sew-In. We will sew feminine hygiene kits for the girls in Haiti.

Faith UMW meeting is **Monday, May 18, at 6 o'clock in the evening** in Fellowship Hall. A light meal will be serve by hostesses Mary Circle, followed by our business meeting and program. All women are invited. Hope to see you there.

On **June 21, Father's Day**, we are having a **Pie Auction**. The Pie Auction will be held after Worship during fellowship in Fellowship Hall. UMW will auction off 10 or more pies. We need volunteers to bake pies.

July 14-17 and July 18, Mission u - Each year, United Methodist Women members prepare for faithful living and action by studying mission studies. These studies motivate, inform, and enrich our commitment to global ministry.

2015 Mission Studies

Spiritual growth: Created for Happiness: Understanding Your Life in God

Issue study: The Church and People with Disabilities

Geographic: Latin America: People and Faith

Local leaders are trained to lead one of the three mission studies through the organization's **Mission u** program offered around the country. Those leaders, in turn, are able to lead mission studies in their local and district groups. Mission U will be July 14-17 or July 18 at St John's University. Please think about attending the 4-day session or the 1-day session. Registrations need to be submitted soon. Registration will be online. If you are interested contact Barbara Friedl (833-6095).

Nurse's Notes: Habits of Happy People-

“Be Happy for This Moment: This Moment is Your Life”

Laughter is the last in the series on “Habits of Happy People.” It was saved for last, intentionally. Who can't enjoy a good laugh? After the death of our son, the first time I heard myself laugh, I knew I was on the mend. Have you been at funerals where you hear a lot of laughter? “Laughter relaxes the whole body. A good, hearty laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes after.”

Laughter sets off the release of endorphins, the body's natural feel-good hormones. There is a sense of well-being, and laughter can temporarily relieve pain.

Another benefit to laughter is, it helps protect the heart. It increases blood flow and improves the function of blood vessels. A hearty laugh helps “to protect you against a heartache and other cardiovascular problems.”

“Laughter boosts the immune system. Laughter decreases stress hormones and increases immune cells and infection-fighting antibodies, thus improving your resistance to disease.”

Excerpts from Habits of Happy People, Dennis A. Marikis, PH.D. Institute of Brain Potential

These are some of the health benefits of laughter. Let's enjoy a good laugh, whether it's a comedy on TV, a humorous book, or silly event. There doesn't have to be a special event to laugh. Try not to take yourself so seriously. The other night Gary spilled a glass of milk all over the dinner table. I ran for a towel and he held up the tablecloth. After the mess was cleaned up, I said, “Just like the old days when the kids were small.” And we had a good laugh.

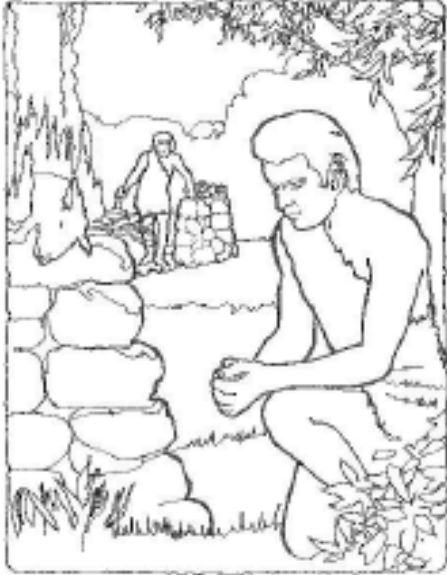
In Proverbs 17:22 “A cheerful heart is good medicine, but a crushed spirit arises up in the bones.” Guess we'll have to tickle our funny bones, won't we?

Peace and Grace,

Your Parish Nurse,

Sherry Scholljegerdes, RN





Cain and Abel Word Scramble

1. **tlara** _____

2. **innortpat** _____

3. **ilymaf** _____

4. **hrobter** _____

5. **bmla** _____

6. **csefricia** _____

7. **sleacip** _____

8. **ethar** _____

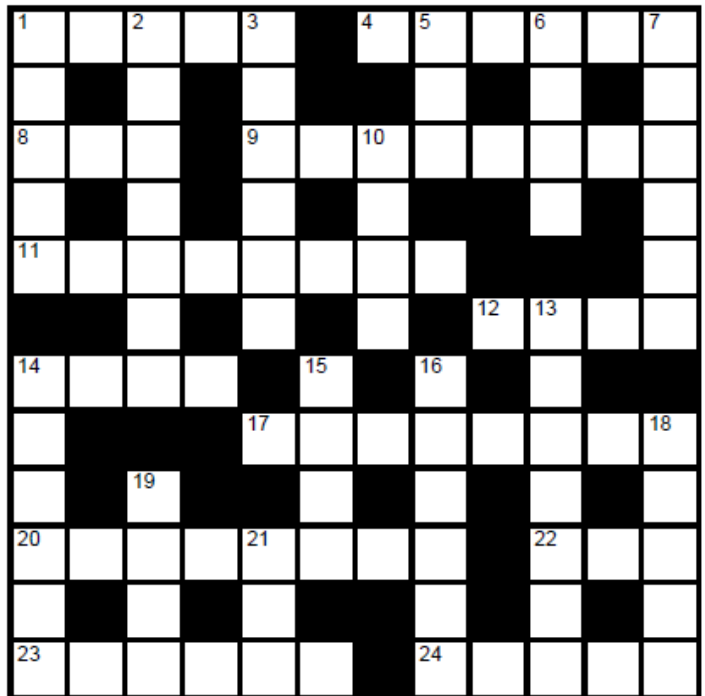
QUICK BIBLE CROSSWORD II

Across

- 1 Calm (5)
 4 Purim heroine (6)
 8 Where there was no room (3)
 9 Pharaoh and Nebuchadnezzar for example (8)
 11 Mistaken identity of Jesus after resurrection (8)
 12 Material used to make Solomon's cups (4)
 14 Not narrow (4)
 17 Jubilated (8)
 20 Teaching (8)
 22 Reverence (3)
 23 Rabbi (6)
 24 Place of the dead (5)

Down

- 1 Scorpion attack (5)
 2 Didn't heed (7)
 3 Object of Jacob's dream (6)
 5 Red, for example (3)
 6 To be bruised by the serpent (4)
 7 Observed the Sabbath (6)
 10 Where Adam spared a rib? (4)
 13 Fruit farm (7)
 14 Solomon's strength (6)
 15 Son of Leah (4)
 16 Brother of 15 down (6)
 18 Works (5)
 19 Follower of the Gospels (4)
 21 Repent (3)



by Philologus

© BiblePuzzles.org.uk

Inspiring Bible Quotes:

Proverbs 3:5-6

5 Trust in the LORD with all your heart and lean not on your own understanding; 6 in all your ways acknowledge him, and he will make your paths straight.

John 16:33

33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

2 Timothy 1:7

7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.



Faith United Methodist Church

"Engage, Equip, and Empower"

801 Fourth Ave. NE

Waseca, MN 56093

Phone: 507-835-3167

Fax: 507-835-5400

E-mail: faithwaseca@gmail.com

www.faithwasecaumc.com

Non-profit Org
Postage Paid
Permit 30
Waseca, MN
56093

Change Service Requested

MONTHLY MEET-UPS:

Elizabeth Circle

UMW Elizabeth Circle will meet **Wednesday, May 20**, from **2:00-4:00 p.m.** in the **Lakeview Room**. **(Note the time change.)** Our hostess will be Mary Jane Stauffer. Karen Ferch will lead devotions. Guests and visitors are welcome.

Mary Circle

UMW Mary circle will meet on **Monday, May 18**, in the **church kitchen** before the UMW unit meeting .

Ruth Circle

UMW Ruth Circle will meet **Wednesday, May 20th**, from **9:30-10:30 a.m.** The location is to be determined.

Men of Faith

Men of Faith will meet **Thursday, May 14**, at **6:30 p.m.** in the **Fellowship Hall**.